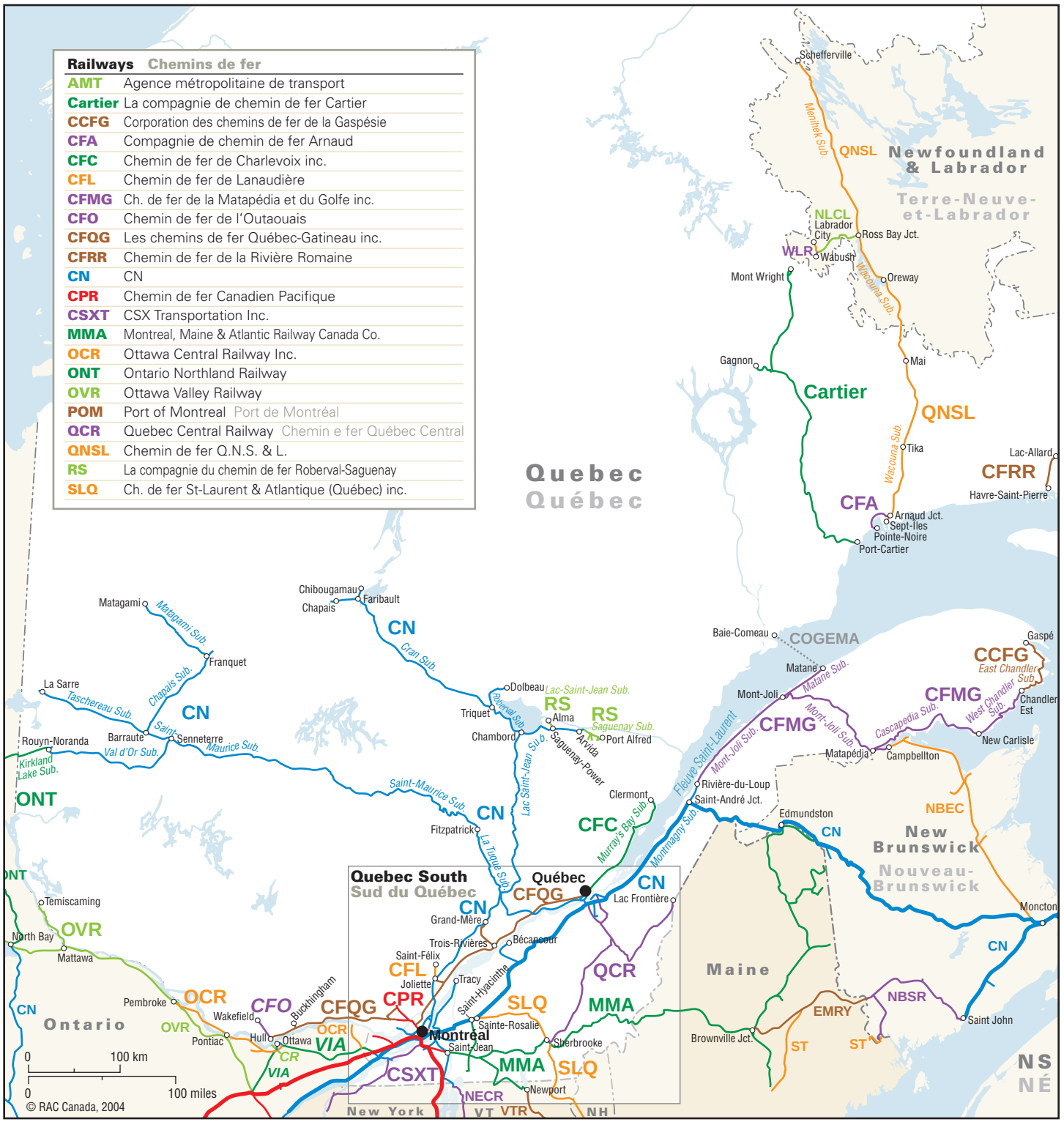Quebec Railways Chemins de fer du Québec